

Your School Counseling Program

Westmont Elementary

THE ABCs OF COUNSELING

a academic: School counselors guide students toward academic success.

b building relationships & personal/social: School counselors guide students as they develop interpersonal skills and respect for self and others.

C career: School counselors guide students in the exploration of future career choices.



WHY see the counselor:

- * to build self-esteem
- * to improve communication skills
- * to cope with loss - separation, divorce, death...
- * to become a better student
- * to improve relationships with others
- * to learn how to make better choices
- * to increase school success
- * to work through concerns
- * to talk to someone who will listen and help



School counselors work with students through:

- *Classroom guidance lessons
- *Individual and small group sessions
- *Collaboration with families and teachers

Meet Your School Counselor!



Ms. Katie Susman, M.S. School Counseling

ksusman@springfieldplatteview.org

Dear Parents and Guardians of Westmont Elementary School Students,

I am so excited to be a part of your children's education at Westmont Elementary School. I will be meeting with your children once during every eight-day cycle to help them develop their knowledge, attitudes and skills in three domains – academic, personal/social and career. My goal is to help your children develop to their fullest potential and to help them increase school and life success. I feel very privileged to be a part of that process!

As a parent of two grown children, I am familiar with many of the challenges children face during their elementary school years. I also have over twenty-five years of experience in education. Most recently I taught kindergarten for ten years in the Westside district in Omaha, and prior to that worked in Special Education. I also have experience teaching sixth grade and working with children in all grades in between.

I completed my Masters in School Counseling at the University of Nebraska at Omaha and am enthusiastic about using my knowledge, attitudes and skills to support your children this year. I believe in a comprehensive, strengths-based school counseling program aligned with the American School Counselor Association National Model. I feel fortunate that Springfield Platteview Community Schools believes in the same. I look forward to meeting you and to working as a team to promote your children's success!

Sincerely,

Ms. Katie Susman

HOW do you see the counselor?

*Send an email: ksusman@springfieldplatteview.org

*Referral by teacher, principal, family, friend, or yourself!

*Drop in and visit!

*Your school counselor, Ms. Susman, is at Westmont every day! So stop in and visit!